



Editorial

An open letter to the U.S. Olympic Committee

Page 4



A&E

ISO Beers satisfies with its large selection

Page 5



Sports

Graduate students balance football and academics

Page 6



Native American artist and filmmaker Steven Paul Judd talks to a nearly full room of students about his work during the Spartan Speaker Series at the Student Union Theater Wednesday.

Native American artist mixes humor and film

By Brendan Cross
STAFF WRITER

From stickers to action figures, Steven Paul Judd is a multimedia artist who injects a humorous twist into his Native American art.

Also a filmmaker and screenwriter, Judd is of Kiowa and Choctaw descent.

Judd shared some of his art and short films to a nearly packed Student Union Theater Wednesday night during Native American Heritage Month.

Before sharing pictures of some of his work, Judd told the crowd that it was okay to laugh at some of his pieces.

“If you find something funny, then go ahead and laugh, that’s kind of why I made a lot of this stuff,” Judd said.

Heavily influenced by pop art, Judd often plays on copyrighted properties such as

“Seeing different perspectives of putting culture into your art is pretty dope.”

Chanelle Ortillo
interior design senior

Dr. Seuss books and popular movie franchises like Star Wars in order to get his art across.

One of his pieces is a faux cover of Dr. Seuss’ famous “Green Eggs and Ham” that now reads “Fry Bread and Spam,” two popular foods in Native American culture, by Dr. Sioux.

On a trip he took to France, Judd stopped traffic in order to snap a picture of him pretending to place an overimposed Native American Lego head and torso on top of the Arc de Triomphe, which acts as its legs.

Interior design senior Chanell Ortillo said that she had never seen anything like Judd’s art before.

“Seeing different perspectives of putting culture into your art is pretty dope,” Ortillo said.

After showing some of his pieces, Judd played five short films that he directed over the years.

One of the films, “The Indian and the Tourist,” takes place in a field with a Native American man playing a guitar. A white man walks by and asks to take a picture of the Native American man.

Before taking the picture, he thinks something is wrong, and finds stereotypical regalia to dress the Native American man with before taking the snapshot. The Native American man, clearly peeved, gets rid of all of the clothing and

ART | Page 2

Department chair plans to leave SJSU

By John Bricker
STAFF WRITER

After serving as chair of the African-American studies department at San Jose State since August 2018 and establishing a Black Women’s Studies minor, Theodora Berry is planning to part ways with SJSU on Jan. 1.

During her time at SJSU, Berry expanded the university’s offerings of African-American studies classes, started a lecture series and held weekly office hours in the African American/Black Student Success Center to help students succeed.

“It’s bittersweet, because I will miss being here,” Berry said. “I will miss working with the students here, but I know that this is a tremendously wonderful opportunity.”

After Berry’s last scheduled day on SJSU’s payroll, she plans to serve as vice provost for teaching and learning at the University of Central Florida and said she is excited to serve its students.

“I am really excited about the opportunity to take all those things that I have learned throughout my professional career and to plug them into who students are first,” she said.

In an email, social science Dean Walt Jacobs said he is not sure who will replace Berry, but that Carlos Garcia, sociology and interdisciplinary social science professor, would be a great choice for interim chair during the Spring 2020 semester.

The department plans to find an external candidate who can start in the summer of 2020, Jacobs said, and Berry is helping to prepare a transition plan to help this interim chair.

After starting work as department chair, Berry increased African-American studies’ class offerings from four to 16 classes a semester and added four part-time lecturers.

“I’m really pleased that the academic, intellectual endeavor in

the department has increased and that students are really interested in knowing more,” Berry said.

Berry has worked at seven institutions across the U.S. since 2000 and said it is no longer the norm for those who work in academia to stay in one place for their entire career.

When Berry announced to her class a few weeks ago that she would leave SJSU at the end of the year, Unique Williams, African-American studies junior, said the class did not believe Berry was serious and that when she insisted, “the whole room just got quiet.”

Although she said she is happy for Berry, Williams said African-American studies students will miss her, no matter who replaces her.

“Obviously, there’s no other Dr. Berry,” Williams said.

Tiara Allen, criminology senior

“I will miss working with the students here, but I know that this is a tremendously wonderful opportunity.”

Theodora Berry
African-American studies
department chair

and volunteer coordinator for African-American studies, said she also got very close to Berry over time, and that she calls Berry to talk even more often than she calls her own mother.

“She started off as just a teacher, but ended off as a mentor,” Allen said.

Allen said she wants to follow Berry’s example by studying for a doctorate in criminology at SJSU after graduating with her bachelor’s degree this December.

“In anything I do, let me try to be like Dr. Berry,” Allen said.

Follow John on Twitter
@JohnMichaelBr15

Speed City athletes revisit early ’60s activism



SJSU alumni Bob Poynter (left) and Chuck Alexander (right) speak to an audience Wednesday at the San Jose Museum of Art during a Lunchtime Lecture.

By Erica Lizarrago
STAFF WRITER

Tommie Smith and John Carlos are known around the world for their civil rights activism in the heat of the Black Power movement of the late ’60s, but little is known about the Black San Jose State athletes that preceded them just years before.

Bob Poynter, SJSU alumnus and former track and field athlete, and Chuck Alexander, SJSU alumnus and former football athlete, spoke to an audience at San Jose Museum of Art Wednesday afternoon about their experiences coming to SJSU.

“The two fastest men in the world should’ve gotten great recognition, but they got exploited,” Alexander said. “I remember that we were able to benefit from great athletes

“The two fastest men in the world should’ve gotten great recognition, but they got exploited. I remember that we were able to benefit from great athletes and while [Smith and Carlos] got the spotlight, we got the highlights.”

Chuck Alexander
SJSU alumnus and
former football athlete

and while [Smith and Carlos] got the spotlight, we got the highlights.”

Both Poynter and Alexander made history with their successes as student athletes in the early ’60s, garnering nationwide attention.

Alexander, along with other Black athletes at the time, came to SJSU on scholarships in 1955, but were offered limited resources as students of color.

With no stipend and no place to stay, Alexander and other student athletes came together to form a house of Black athletes known as the “Good Brother’s.”

To pay rent, Alexander said the athletes took the opportunity to work together by doubling up on morning

HISTORY | Page 2

ART

Continued from page 1

headdress and chases the white man with a guitar as the credits roll.

It's comedic in nature, but it sends a strong message.

"That's based off a true story about this blues player in the 1900s," Judd said. "He was Choctaw [and] there's no photos of him because no one wanted to take a picture of an Indian dude with a guitar in the 1900s. They wanted regalia."

After showing his short films, Judd took questions from the audience one of whom asked him his thoughts on Native imagery in sports.

"I don't speak for all Indian people, [but] I don't like caricatures," Judd said. "I don't like the Cleveland Indians because it's a caricature. The regalia means something, you have to



I don't speak for all Indian people, [but] I don't like caricatures. I don't like the Cleveland Indians because it's a caricature. The regalia means something, you have to earn those feathers.

Steven Paul Judd
multimedia artist

earn those feathers."

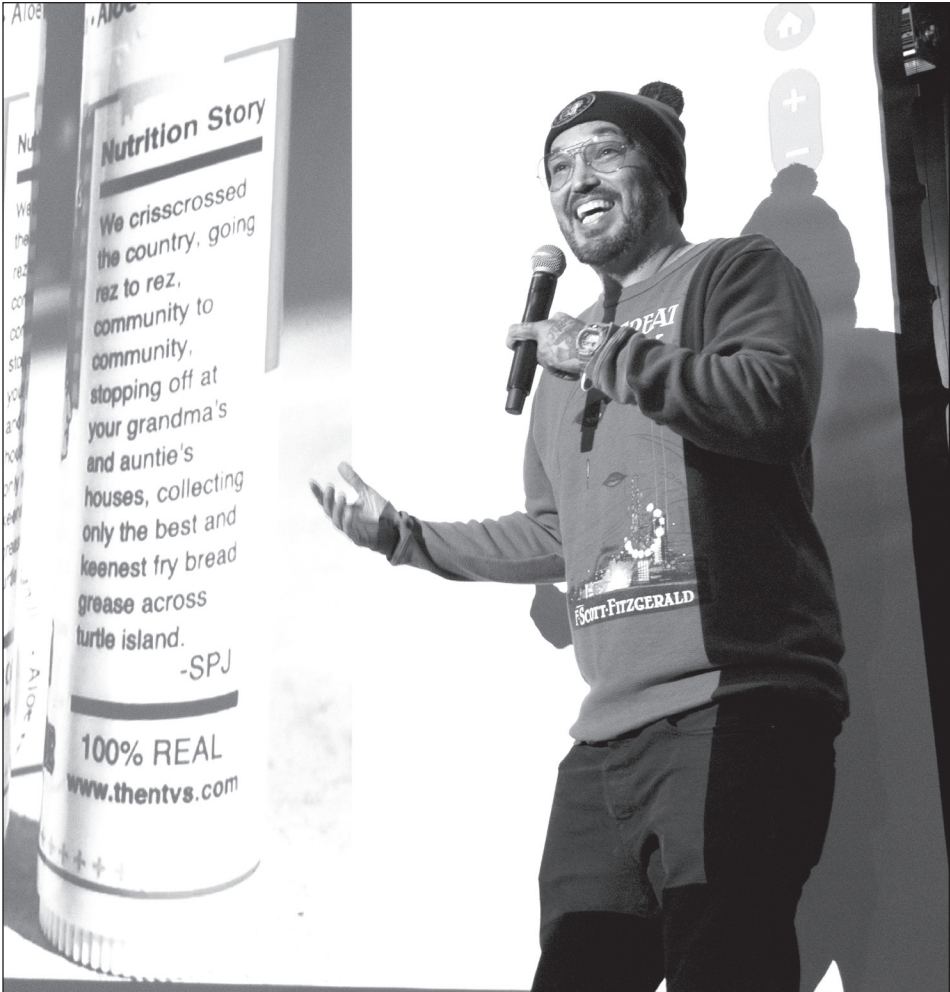
Judd closed his presentation with one last short film, "Neil Discovers the Moon." The film depicts Neil Armstrong's moon landing and American flag planting.

Armstrong gets a tap on the shoulder from a

Native American man and asks Armstrong, "Does this mean we need to move again?" Armstrong then utters the famous line, "Houston, we have a problem."

Cheyenne Rooker, public health junior and president of the Native American Student Organization, said she loved Judd's presentation and was thrilled that he came to show his art and films.

"As a Native student, I think it's so awesome that we get to have a very influential artist and speaker come here and share his work with us and see how we can finally be represented in the media and art," Rooker said. "We're really so lucky to have him here."



BRENDAN CROSS | SPARTAN DAILY

Native American artist and filmmaker Steven Paul Judd talks about the photography he created for his art piece, "Fry Bread Grease" flavored chapstick.

Follow Brendan on Twitter
@BrendanCross93

HISTORY

Continued from page 1

and night shifts, all while attending school.

Soon after, Alexander and his fellow athletes began integrating other students of color and started working shifts in local canneries.

"It was a matter of making the best with that we were given," Alexander said.

Wanting to set the example and be the first in his family to graduate college, Poynter was faced with a problem: University of Southern California, his top choice, was not yet integrated and had no Black athletes for track and field.

While going to junior college in his home of Pasadena, Poynter said he met a classmate who told him about SJSU.

"He told me he had been accepted to San Jose State, heck, I didn't even know where it was," Poynter said.

Despite good grades and being a great athlete, Poynter said he had little direction from administration as a student of color in the late '50s.

Poynter decided to risk it all on a city he knew nothing about and called the then-head coach of track and field, Lloyd "Bud" Winter.

Winter, who coached Olympic gold medalists including Lee Evans and Ronnie Ray Smith, convinced Poynter to come to San Jose State.

Poynter and his classmate hopped on a Greyhound bus from Southern California, not knowing exactly where they were going.

"We rode all night to get to that point and when I got there I was shocked because I didn't see any Black people, I immediately thought, 'Uh oh,'" he said.

While at SJSU, Poynter met Chuck Alexander where he took him in as a "Good Brother".

From the late '50s into the early '60s Poynter and Alexander set records, eventually helping SJSU get the nickname "Speed City."

"Most people today, when they identify San Jose State, all they know is the statues," Poynter said. "Much of the other history is lost, the history of what happened before '68 and what happened after '68."



JESUS TELLITUD | SPARTAN DAILY ARCHIVES

Tommie Smith examines photos Saturday displayed in the Speed City exhibit at the San Jose Museum of Art featuring SJSU track and field athletes from the '50s and '60s.

Poynter said that the actions of Black athletes in the late '50s and early '60s, put SJSU on the map and set the state for future history-making athletes, with help from Winter and fellow track star Ray Norton.

It was the attention of these early athletes which drew in later generations of Black athletes, including Smith and Carlos.

Poynter said his picture was always in the mix, but no one really understood why.

"If you look at the state college, San Jose State sticks out, but why is that so? What makes it different?" he said. "The only reason [Smith and Carlos] came was because of the paths paved by previous Black athletes."

Soon they said other athletes of color began to notice the strides being made at SJSU.

"Everybody knew San Jose, so everyone wanted to come to San Jose because of people like the 'Good Brothers,' we were the trendsetters," Poynter said. "All most people know is the statues and '68."

Shortly after, other students of color who wanted to find a place they could feel



Most people today, when they identify San Jose State, all they know is the statues. Much of the other history is lost, the history of what happened before '68 and what happened after '68.

Bob Poynter
SJSU alumnus

former track and field athlete

comfortable took notice.

"I was in the Air Force sitting in the barracks at my base and I picked up a Sports Illustrated and went through it and there was a small article about the two best sprinters in the world being at San Jose State: Ray Norton

and Bob Poynter," San Jose resident William McConnel said. "That was in 1959 and in 1960, I got out of the Air Force and hitchhiked to California to come to San Jose State."

Alexander said athletics at SJSU gave him a huge foot in the door, despite having limited opportunities as a Black student.

After the 1968 Olympics, Alexander said he decided to stay in San Jose because he saw the opportunities that became available in the area following Smith's and Carlos's activism.

He said the corporate world, which had once overlooked them, began to shift in the same way as the social culture was.

"Once it got on a world scale, we were able to progress on the local scale," Alexander said. "These companies began to hire us and give us jobs because we were the ones who were the real educated ones and people overlooked the fact."

"They were so conscious about the athletics, they forgot we were also students," he said.

A couple decades after early steps were made by the track and field stars like Ray Norton, Poynter and Black athletes like Alexander, SJSU ended their track and field program in 1988.

"When track and field dismantled at San Jose State, track and field went down around the whole country," Poynter said.

He said it became clear that there could not be Black athletes without Black coaches and Black administrators.

Despite the national recognition, it was not enough to keep the program alive although it was the program which he said garnered SJSU monetary success: a success still remembered through statues and art exhibitions.

"You have this worldwide attention, and then all of a sudden San Jose State, although it was poor and didn't have any money, it became a powerhouse," Poynter said. "Everybody wanted to come here and to this day people still don't know why [Smith and Carlos] are so well known."

Follow Erica on Instagram
@erica.lizarrago

Clarification

On Wednesday, Nov. 6, the Spartan Daily published a story titled, "Playing video games should not be a sport," in which the photo should have been attributed to Chris Core, from the Spartan Daily archives.

Crime Blotter

Possession of controlled substance - misdemeanor
Nov. 4, 2:57 a.m. at Seventh Street exit off Interstate 280
Adult cited

Possession of unlawful paraphernalia
Nov. 4, 1:06 p.m. at Administration Building
Adult arrest

Possession of controlled substance - misdemeanor
Nov. 4, 10:22 p.m. at East John Street/North 11th Street
Adult cited

ABOUT

The Spartan Daily prides itself on being the San Jose State community's top news source. New issues are published every Tuesday, Wednesday and Thursday throughout the academic year and online content updated daily.

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EDITORIAL POLICY

Columns are the opinion of individual writers and not that of the Spartan Daily. Editorials reflect the majority opinion of the Editorial Board, which is made up of student editors.

San Jose State should ban all vehicles from campus

Dear Editor,

SJSU is a massive campus. It is understandable that some people would bring some sort of transportation to help them get around the school.

However, skateboard, scooter, and bike riding on campus grounds should be banned.

Too many times have I ran into or have seen another students bump into someone on wheels.

A lot of these people often lack the manners to say “Excuse me” or “Sorry, are you OK?”

With many of them on phones or pointing the finger saying it is your fault.

The school has already banned Lime and Bird scooters from riding them inside the campus.

This was to help combat the problem of people running into each other. But why haven’t other means of transportation have been banned?

Why must I have to get out of my way because people are too lazy or late to walk to class?

One solution would be to make a lock up rack for other pedestrian conveyances.

Like the bike racks around campus.

Except make special ones for skateboards and scooters.

There is a rack like that is located at the new Spartan Recreation and Aquatic Center.

Maybe we can put a few more around SJSU? Then ban them from using it inside campus grounds.

This will not only make the walkways less congested, there will also be a lot less accidents if SJSU bans skateboards and scooters.

*Gio Gaxiola <3
Journalism junior*

Students with financial insecurity need support

Dear Editor,

It’s really upsetting knowing that so many students on campus are homeless, and have to struggle with finding food and shelter while juggling school, and a possible job.

There are even some professors who are homeless and have to live out of their cars.

San Jose State has the resources to do something about this issue to help out their students and staff, but still haven’t done anything about it.

As a result of student homelessness some students are left with no choice but to drop out and try to make ends meet.

Some students even use the library as a place to sleep during their free time.

I believe San Jose State is spending a lot of money on new buildings like the recreation center and the science building, but should, however, put that money and effort into building affordable housing, and providing food for students and staff in need.

I also think that San Jose State should offer free and overnight parking for those who live out of their cars.

Lastly, the school should have workshops or event about this issue so that students who are homeless can learn how to deal with homelessness and how to take the right steps into overcoming it.

Sincerely,
*Nida Faizi
Communication studies senior*




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Letters to the Editor must contain the author’s name, year and major. Letters become property of the Spartan Daily and may be edited for clarity, grammar, libel and length. Only letters of 300 words or less will be considered for publication.

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CLASSIFIEDS

CROSSWORD PUZZLE

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
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61													63	

ACROSS

- Not false
- Behind bars
- Midmonth date
- Not yours
- Severe pain
- Ark builder
- Intolerable
- Bird of peace
- Ribonucleic acid
- Old photo color
- Stayed
- Neuron junction
- Not urban
- Female sibling
- Hideousness
- Unemotional
- Express a thought
- Type of snake
- Magma
- Rink
- Polish
- Australian flightless bird
- Hoisting device
- Seaweed
- Freed from lice
- South southeast
- A cook might wear one

DOWN

- Package holidays
- Fluid
- Not rural
- East southeast
- Gentle stroke
- Slack-jawed
- Mongolian desert
- Magnifying
- Coloring agent
- A citizen of Calcutta, for example
- A small motor vehicle
- Overhang

- Outbuilding
- Savory jelly
- French cheese
- Largest continent
- Forearm bone
- Flip over
- Couch
- Not in danger
- Sleigh
- Docile
- Expulsion of an ovum
- Not occidentals
- Along with
- Decay from overripening
- Certain
- Comment to the audience
- Narcotic
- Splinter
- Sudden burst
- Moonshine
- Habituate
- Adjust again
- Square block
- Website addresses
- Modify
- C
- Uncooked

SUDOKU PUZZLE

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

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SOLUTIONS 11/06/2019

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EDITORIAL

Remove Brundage from Olympic Hall of Fame

Dear U.S. Olympic Committee,
On Friday, a great wrong was righted.

San Jose State alumni and Olympic heroes Tommie Smith and John Carlos were inducted into the U.S. Olympic and Paralympic Hall of Fame, 51 years after their iconic protest and expulsion from the 1968 Mexico City Olympic Games.

Their protest was an important step in bringing the inequality that Black Americans faced to the international stage, and inducting them into the Hall of Fame was an important step in correcting their expulsion.

However, while one wrong may have been righted, there's still an outstanding issue that needs resolution – the removal of former International Olympics Committee President Avery Brundage from the U.S. Olympic and Paralympic Hall of Fame.

While Brundage may have played a large part in American participation in the Olympics, his track record of anti-Semitism and racism is clear.

Brundage, who served on the IOC as a member and later as president from 1936-1972, was inducted in the inaugural Hall of Fame class, and it's time for the Olympic Committee to undo that mistake.

He deemed Smith's and Carlos's protest a political statement that wasn't fit for the supposedly apolitical Olympic Games and demanded their expulsion from the Olympic Village.

It's no surprise that Brundage took offense to their protest, given that his removal was one of the goals of the Olympic Project for Human Rights. The OPHR aimed to highlight the exploitation and discrimination that Black Americans faced at home.

"We're not wind-up toys that when it's time for war, you want to come get us and be in the war for you," Carlos said Friday. "When it's time to represent in the Olympics, you come and get us, and outside of that, we're second-class citizens."

While Brundage may have played a large part in American participation in the Olympics, his track record of anti-Semitism and racism is clear.

Brundage pushed for the 1936 Olympics to take place in Nazi Germany and then allowed for the Nazi salute to be used during the Games.

So much for having an apolitical Olympics.

He controversially pulled the two Jewish



MAURICIO LA PLANTE | SPARTAN DAILY ARCHIVES

Tommie Smith (right) and John Carlos are given trophies after finally being inducted into the U.S. Olympic and Paralympic Hall of Fame, 51 years after their iconic protest.

athletes from the 1936 U.S. 4 x 400-meter relay team. Those two sprinters were the only two Americans who traveled to the Games to ultimately not compete.

Fellow SJSU track sprinter Robert Poynter spoke to the Spartan Daily in 2018 and described Brundage as "a real racist." There's no reason we should continue to honor someone with such a terrible legacy.

It's simply impossible to place the duo of Smith and Carlos, who fought against systematic, racist oppression, in the same Hall of Fame as Brundage, who often played the role of the oppressor.

The two Spartans stand for the exact opposite of what Brundage's actions exemplified.

SJSU professor and OPHR co-founder Harry Edwards told the Spartan Daily in September that,

"The arc of the universe does indeed bend toward justice," regarding Smith's and Carlos's induction to the Hall of Fame.

Edwards was correct then, and he's correct now. It's now up to you, the U.S. Olympic Committee, to continue furthering justice by removing Brundage from the Hall of Fame.

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General education needs to be taken seriously



Olivia Wray
STAFF WRITER

As winter creeps up, students start to prepare for the dread of spring classes and general education courses they need to take.

After high school, students who attend college will start taking classes for their desired major, but upper and lower division general education courses are still required.

Students that are focused on their major and future career may feel like general education classes are a waste of time, but students should realize those requirements are a chance to explore new topics and expand their knowledge.

At San Jose State, general education requirements include English, math, humanities, social

science, natural science and diversity courses.

Unfortunately, with the high price for a college education, students are encouraged to get their degrees in at least four years which leaves hardly any room to explore more variety of courses.

With the pressure of getting a degree as quickly as possible, in hopes to prevent wasting money and time, students feel they need to prioritize their major requirements so they can start a career and pay off debt.

Students are taught to have a career mindset even as early as high school, according to U.S. News in 2013.

In 2019, a reporter for The Atlantic said the average work year has shrunk by more than 200 hours in the

Life is meant to be explored in so many ways before it's too late.

U.S., but after college, Americans are still working more than they did decades ago.

"They are reared from their teenage years to make their passion their career and if they don't have a calling, told not to yield until they find one," The Atlantic story said.

There is no problem with students being career-focused and preparing for a future of success, but wasn't the education system built to encourage learning and the expansion of knowledge?

It's true, students are still learning everything they need to know to begin their desired careers, but more general knowledge can help a student grow and even surpass others in their futures.

"In order to be a well-rounded person capable of fully participating in society and the modern economy, you need a strong foundation in the major areas of human study and endeavor," a 2019 Walden University article said.

In general education classes, students will improve their communication skills, both written and oral, which are important in all careers. Also generally, it is necessary to be able to analyze and think critically in all areas of an adult's independent life.

"The wide breadth of knowledge you can gain in your general education courses will expand your overall understanding of the world and give you more knowledge to work with when applying critical thinking skills later," the Walden University article said.

Besides critical thinking and basic skills that are needed to excel in a career, general education offers the chance to explore topics

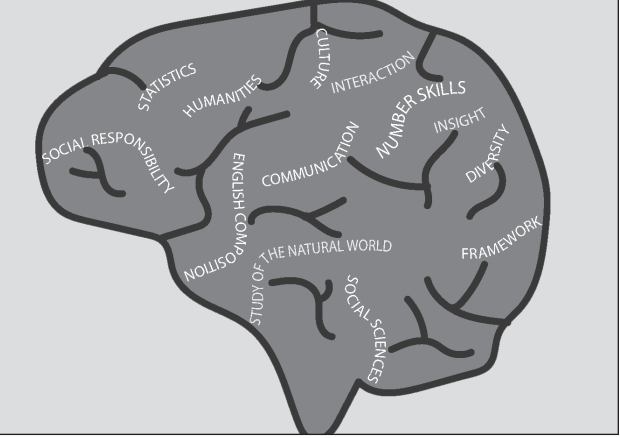


ILLUSTRATION BY OLIVIA WRAY

that a student might never need for their specific major, such as biology or history.

These classes allow students to understand the natural world and what happened in the past because it affects the current state of human society.

Students should not feel pressured to rush through their education requirements because it's important to remember, what is the reason for college anyway?

To learn as much as one is capable of is the answer. Life is meant to be explored in so many ways before it's too late.

Besides, even if a student finishes their education quickly and has a set career pathway, the chances they will change jobs after college are likely to be four times by the age of 32, according to a 2016 LinkedIn study.

Students should embrace general education classes and think of ways the courses can benefit them in all areas of their future, especially if their career pathway is uncertain.

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WHAT'S AT YOUR
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THEATRE CENTER

EVENTS

*11/09 - Black Cab Jazz Series: Quiana Lynell @ 7:00 PM

11/14 - *El Libro Centroamericano De Los Muertos*:
A Bilingual Reading/Conversation
with Mexican Poet, Balam Rodrigo @ 3:00 PM
(This event is free and open to the public)

11/15 - [Dreamer] Project: An undocuplay @ 7:30 PM

11/16 - [Dreamer] Project: An undocuplay @ 7:30 PM

11/20 - [Dreamer] Project: An undocuplay @ 11:00 AM

* \$5 Student Rush tickets available on day of performance, based on availability.
Valid Tower ID required.

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BOTTOMS UP

The search for the perfect beer stops here



Roman Contreras
SENIOR STAFF WRITER

In search of a midday drink, I found myself at ISO Beers Beer Bar & Bottle Shop.

This downtown taproom has six categories of beer to choose from, ranging from darks to sours, to ciders.

For this tipsy trip, I decided to have some newsroom companions join me to help try a full range of beers.

Upon entering the taproom, rows of tables lined the right side of the room. To our left, a hoard of kegs stood in front of eight fridges filled with different kinds of canned and bottled beers.

To my surprise, three of the eight fridges housed a variety of wines and champagnes.

Approaching the bar at the back of the room, a bearded man greeted and pointed us in the direction of some menus.

I picked up a menu and my eyes lit up.

The selection of beers was one of the largest I have ever seen, not to mention the beers all averaged about 6% alcohol content.

After ordering our beers, we headed to the outdoor patio and grabbed a seat at the picnic bench

style tables.

To add to the fun, ISO Beers has games on hand. We opted for UNO, because the game is best played drunk.

Let’s begin this review with the Ghostwood Beer Pale Ale, #pgesucks. Now this is pretty ironic because the brewery is based in Redwood City, where PG&E was pulling most of its shenanigans.

#pgesucks has a 7.2 alcohol percentage. I wouldn’t say there was anything special about the taste. The flavor is that of an average beer, think Modelo or Stella Artois.

Next up was the Alvarado Street Sour, Sorbae. The Sorbae has 5.5% alcohol content and lives up to its categorization. This beer is sour – like “handful of Sour Skittles to the dome” sour.

Nonetheless, this drink was a worthy mention.

Alvarado Street has another sour beer on the menu, the Double Haole Punch. Unlike the Sorbae, the Double Haole Punch had a sweeter underlying flavor of Guava and 8% alcohol content.

I’m not usually one for sweet beers or guava, but this was more enjoyable



ROMAN CONTRERAS | SPARTAN DAILY

ISO Beers has six categories of beer for customers to choose from, including dark and sour beers and ciders.

drink review

“ISO Beers Beer Bar & Bottle Shop”

Rating:
★★★★★

Cuisine:
Beer

Location:
75 E. Santa Clara St.,
San Jose, Calif.

Price:
\$

than I’m willing to admit.

Now let’s move on to another Pale Ale: the Ghost Town Underhanded.

This beer was on the tart side and had a 6.4 alcohol percentage. Honestly it was your

high would be upsettingly bitter, but the flavor of this was pure chocolate. I mean this in the most literal sense of the word. This beer tastes exactly like a beautifully hand-crafted Belgian chocolate bar, so I would 10/10 recommend.

Our last exploration on this trip was the Central Coast dark, P-nut Butter Breakdown.

Peanut butter and beer aren’t exactly two things I’d think to combine, but boy did they do something special with this.

At 6.5% alcohol content,


the flavor of literal Reese’s Pieces sent me into shock in the best way possible. I know I said this about the Bigfoot beer, but I would 10/10 recommend the P-nut Butter Breakdown.

If you find yourself searching for a midday beer with friends, colleagues or even family, check out ISO Beers.

There’s something for everyone, so it’s sure to not disappoint.

Follow Roman on Instagram | @RoaminRoman_52 |

Bottoms Up appears every week on Thursday.



Register for Winter Session Today

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Do yourself a big favor and watch ‘Watchmen’

By Nathan Doyle
STAFF WRITER

A police precinct watches footage of a masked criminal organization delivering an ominous message to the Tulsa Police Department, threatening death to those who stand in their way.

As the camera pans out, we realize that these police officers wear yellow face masks to obscure their appearance.

We are then shown a woman in a combative nun outfit and a man wearing a metal mask, quickly making it clear that the world we’re watching on our television is a dark and strange one.

It must be a return to the world of “Watchmen.”

Based off characters introduced back in 1986, the HBO-produced drama “Watchmen” has so far told a story that continues off the source material of the same name.

Starring Regina King, Don Johnson, Jean Smart and Jeremy Irons, the series premiered Oct. 20, with its nine-episode first season set to run all the way into December.

With a secretive production, fans spent months waiting for the premiere of the series and to see what HBO had in store for its favorite characters.

But what exactly is “Watchmen?”

Released between 1986-1987, “Watchmen” is a 12-issue comic book series that tells the story of a band of vigilantes who must save

the world during the height of Cold War paranoia.

If only it were that simple.

Written by Alan Moore and illustrated by Dave Gibbons, the team came together to write a story that delves into the inherent mythology of heroes.

With these superheroes, their flaws give way to the straightforward notion that the people who put on masks are inherently damaged individuals.

So far, the story revolves around the police force in Tulsa, Oklahoma as they resort to secret identities to keep their work anonymous following a department-wide massacre before the start of the series.

It becomes an issue when the group behind the massacre unexpectedly resurfaces, bringing with it murder mysteries, conspiracy theories and plenty of easter eggs that tie back to the source material.

With the three episodes that have aired so far, “Watchmen” creator Damon Lindelof is seemingly replicating the formula by showing a direct continuation of the story and themes from the comic book.

“...in the tradition of the of the work that inspired it, this new world must be original,” Lindelof wrote in an Instagram post in early 2018 during early production of the show.

Lindelof stuck with his promise as the first few episodes have introduced a slew of new issues such as the Tulsa Race Massacre

TV review

“Watchmen”

Rating:
★★★★★

Directed by:
Nicole Kassell

Starring:
Regina King,
Don Johnson

Genre:
Action, Drama

of 1921 and its lingering effects on present day society.

With HBO hot off the heels of adapting “Game of Thrones” for general audiences that resulted in record-high ratings, it only makes sense for HBO to take interest in another big-name property.

With the end of the fantasy drama back in May of this year, many have wondered what show will come along to replace it.

Though it’s too early to determine whether “Watchmen” is set to fill the void of its late-night predecessor, the series premiere brought in an impressive 1.5 million viewers.

If you’re looking for your new potential TV addiction, “Watchmen” may just be that late-night drama you needed.

Follow Nathan on Instagram | @nathan.doyle.doc |

Time won’t stop grad student athletes

By **Brendan Cross**
STAFF WRITER

The life of a student-athlete can be hectic and tough to manage, but athletes who are also graduate students often face some extra time management challenges.

San Jose State’s football team currently has five athletes that are graduate students and deal with sometimes needing to miss class due to the travel and game schedule.

“I’ve had to miss my Thursday class,” Deano Motes said, offensive lineman and business management graduate student. “There’s been a few Saturday classes for the MBA program that I’ve obviously had to miss, so making this schedule work is a little bit difficult.”

Thursday is a common travel day for the football team as they have played away games in Nevada, Colorado, Arkansas and New York so far this season.

There are two road games left this season, a game against Hawaii Nov. 9 and a tilt against the University of Nevada, Las Vegas Nov. 23.

Motes, however, has been able to handle his heavy workload, thanks in part to his professors.

“The professors are definitely a huge help, understanding that, I have the desire to get this quality education through the MBA programs and also participate in my athletics,” Motes said.

Offensive line coach Joe Bernardi said that he’s seen Motes work hard all season despite balancing his athletics, schooling and



BRENDAN CROSS | SPARTAN DAILY ARCHIVES

Graduate students and offensive linemen Quinn Oseland (76), Deano Motes (78) practice at CEFCU Stadium in September.

personal life.

“I’m sure that’s obviously tenuous, but he’s here every day, he doesn’t miss,” Bernardi said. “Him and his fiance are planning a wedding right now, so he’s got a lot on his plate, and he handles it really well.”

Motes proposed to his girlfriend Laike Reader at CEFCU Stadium in March after an intrasquad scrimmage and the pair are set to be married in January.

Quinn Oseland, fellow offensive lineman and public administration graduate student also has to miss the occasional class for game travel.

Oseland said that the best way to handle



HAWKINS



MOTES



OSELAND

being a student-athlete is planning ahead.

“If you’re thinking about getting into a grad program, start looking into it a little bit earlier, because I never really thought about it until it came time for it,” Oseland said. “If you can see yourself down that path, just take a look at all the options you might have and things that you [might] potentially be interested in.”

Oseland said that he isn’t quite sure of the career path he wants to go down after he finishes his graduate program, but he hopes to incorporate his current program with his undergraduate work as a marketing student.

While Oseland is still mulling his options, safety and education counseling graduate student Chandler Hawkins said that he hopes to help people

in his hometown of Los Angeles.

“I want to be able to help kids in high school in the inner city of Los Angeles,” Hawkins said. “Just kind of help them get through struggles in hard times that they may have or may be going through.”

Hawkins said that the way he has dealt with balancing being a graduate student and an athlete is to divide his focus equally.

“You can’t just focus on one,” Hawkins said. “If you just focus on one, the work is going to eventually become overwhelming . . . and that’s when it’s going to be bad.”

Oseland, Hawkins

and Motes all said that they hope to continue playing football beyond SJSU once their graduate programs have been completed.

For Motes, he said that’s always been a dream and will continue to be his goal despite a more limited role on the team this season.

“Growing up as a kid, you see those guys [in the NFL] and you idolize them,” Motes said. “I’ve been more of a role player this year. It’s probably not likely that I’ll get a real good shot at the next level, but it’s always a dream.”

Follow Brendan on Twitter
@BrendanCross93

Personal trainers teach fitness at SRAC

By **Olivia Wray**
STAFF WRITER

The SRAC allows students and community members to use an indoor track, three full-court gyms, 20,000 square feet of strength and cardio equipment and various classes that are new since the center opened in spring last year.

There are 11 certified personal trainers who are providing one-on-one classes for students and community members and currently more are in the process of being hired.

SRAC assistant director Christina Maino said she is working to hire more certified trainers because the new facility has interested more students to sign up, even though there were trainers available at the campus sport club, before the SRAC opened.

“We have a waitlist of over 20 people who want personal training at the moment,” Maino said in an email.

The SRAC offers almost half the price of commercial or personal gym prices, so it becomes difficult to accommodate all individuals who want to sign up for training.

“It’s difficult matching up schedules with [my clients] because everyone is a student, so it’s like, ‘Oh my gosh, when are we going to come in?’”

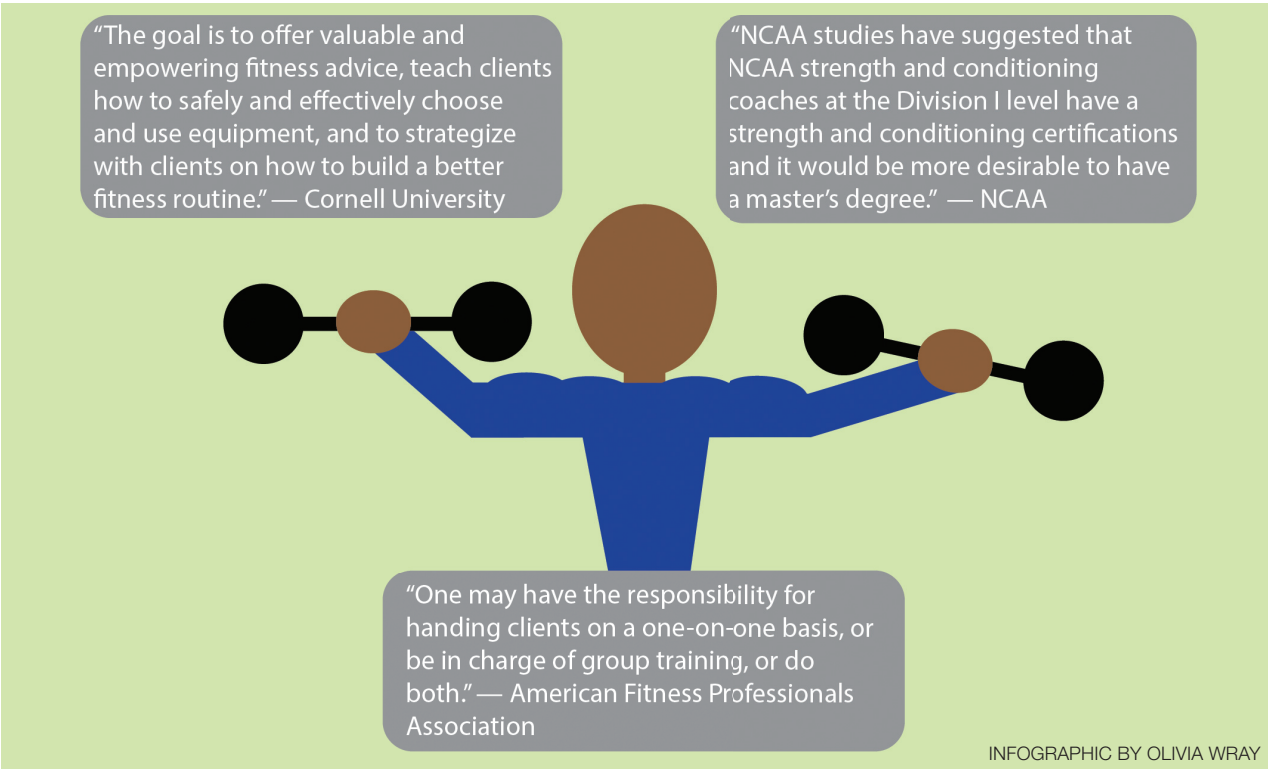
Kelsey Snook
kinesiology graduate student
SRAC personal trainer

Although, the current personal trainers are excited to be in the new facility and to be receiving more clients.

Mitch Kothe, kinesiology graduate student and SRAC personal trainer, said he has been busy with back-to-back clients every Tuesday and Thursday since he started working at San Jose State in the spring.

“Typically in a day, depending on how many clients I have, I arrive early . . . clock in, get ready, bring a little notebook and meet my clients upstairs for training,” Kothe said.

For trainers at the SRAC



it can be a long day, Kothe said. He and personal trainer Kelsey Snook are students in the same major and balance training in the SRAC with their regular class schedules.

“It’s difficult matching up schedules with [my clients] because everyone is a student, so it’s like, ‘Oh my gosh, when are we going to come in?’ ” Snook said.

Despite balancing their own schedules, the SRAC trainers said the most difficult part can be

working with their client’s schedules as well.

“You try to ask why they can’t show up, but generally people just cancel on you last minute for no reason – no rhyme or reason, so that can be a real challenge sometimes,” Kothe said.

As a trainer for about 10 years, Kothe said he had many clients at his other jobs, such as his current second job at City Sports and it is common for clients to cancel sessions.

Other than the challenges of scheduling

clients, the SRAC trainers find their job rewarding.

Snook started working at SJSU in July last year, so she has experienced working in the old gym as well as in the new SRAC and learned that working with long-term clients is the best aspect of the job.

“I have a couple girls who I’ve been with a lot longer [than my other clients] and they like to keep coming back because they want to see their progress, they want more instruction or they do better if someone is

guiding them,” Snook said.

To Snook, working with clients one-on-one is rewarding because she gets to see her clients grow every step of the way.

“It’s like, ‘Oh, when you came in a year ago, you couldn’t do this exercise or this movement and now you can,’” Snook said. “It’s really fun for me to see people progress because then I get excited for them too.”

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